

Source:

Dirtiest Spots You Can Find Inside Your Home

Remote controls - People can cough or sneeze on the TV remote control—or drop them to the floor. Don't forget to disinfect them often. The more you use them, the more important this task becomes.

Computer keyboards - Keyboards collect an incredible amount of dust and grime. It makes sense if we consider how frequently they are touched—for some people, a computer is their office.

Kitchen handles and knobs - Food—or, more precisely, foodborne germs—is the reason why your kitchen could be one of the dirtiest places in your home. Most people already clean inside appliances, but foodborne germs can reach the fridge handle and the stove knobs too!

Dish sponges - Sponges stay damp most of the time, and that's why germs love them. The only way to prevent a dirty sponge is by replacing it every few weeks.



Cutting boards - Cutting boards can get really dirty, especially when cutting meat. Many experts recommend using different cutting boards for meat and veggies to prevent cross-contamination.



Bathtubs and showers - The place where you shower may not be the cleanest place. Don't forget to clean the built-up grime and soap scum!



Toothbrush holders - Bacteria and germs can easily grow in the moist areas of your toothbrush. Let your toothbrush air dry in a germ-free area after using it.

